

THE

CAYUGA

CHRONICLE

SEPTEMBER '23
BACK 2 SCHOOL EDITION



SUMMER '23 WAS AWESOME BECAUSE OF YOU! & WE MISS YOU ALREADY

TO OUR 2023 CAMPERS, PARENTS & STAFF: SUMMER 2023 WAS AWESOME & IT'S ALL THANKS TO YOU! WE HAD A WONDERFUL SUMMER WITH INCREDIBLE CAMPERS & STAFF. WE ARE ETERNALLY GRATEFUL FOR OUR SUPPORTIVE CAYUGA FAMILIES! SUMMER '23 WAS FULL OF ENDLESS LAUGHTER, FOND MEMORIES & ONGOING ADVENTURES. IT WAS A PRIVILEGE TO GET TO KNOW EACH & EVERY ONE OF YOU & WE JUST CAN'T WAIT TO SEE YOU AGAIN IN SUMMER 2024. THANK YOU AGAIN FOR BEING A PART OF THE CAYUGA FAMILY! - LOVE, THE CAMP CAYUGA TEAM

WE'VE GOT THE CAYUGA BLUES



Noun: Cayuga Blues - a deep sensation of missing Camp Cayuga.
HEY CAMPERS, YOU KNOW THAT FEELING WHEN YOU'RE MISSING CAMP? WE CALL THAT THE "CAYUGA BLUES". THE ONLY WAY TO SOOTHE THIS FEELING IS TO STAY IN TOUCH WITH YOUR CAMP BUNKMATES & LOOK FORWARD TO SEEING THEM AGAIN IN SUMMER 2024!

FEEDBACK WANTED!

THERE'S ALWAYS ROOM FOR IMPROVEMENT & WE NEED YOUR HELP! LET US KNOW HOW WE CAN MAKE CAMP CAYUGA BETTER FOR YOU & OTHER CAMPERS IN THE FUTURE BY COMPLETING THE ONLINE AFTER-CAMP QUESTIONNAIRE. YOUR OPINION MATTERS! ACCORDING TO THE FEEDBACK WE'VE RECEIVED THUS-FAR, SUMMER 2023 WAS A MAJOR SUCCESS! OUR CAMPERS & STAFF HAVE REPORTED THAT THIS SUMMER WILL BE MOST REMEMBERED FOR MAKING LIFETIME MEMORIES & ENJOYING ALL OF CAYUGA'S FUN ACTIVITIES. WE APPRECIATE THE ACCOLADES, BUT WE WOULD LIKE TO HEAR YOUR FEEDBACK ON THE AREAS THAT NEED MORE ATTENTION & IMPROVEMENT. FOR THIS REASON, WE'RE ASKING ALL PARENTS, CAMPERS & STAFF TO COMPLETE THE ONLINE AFTER-CAMP QUESTIONNAIRE (LOCATED ON YOUR DASHBOARD).

FINLAND TOOK HOME THE GOLD

The Annual Camp Olympics is a beloved camp tradition. This summer was Cayuga's 63rd Olympics. A big CONGRATS goes out to all the Olympic teams for their awesome spirit. Campers participated in a slew of different games (the egg toss was a fan favorite) & cheer competitions. Major shout-out to team FINLAND who took home the gold & led their team to victory! The Olympics is always such a blast & we're already looking forward to the '24 games. Campers, let us know what country you hope to represent next summer!

TIME 2 REGISTER 4 NEXT SUMMER

NOW IS THE TIME TO REGISTER FOR NEXT SUMMER & RECEIVE YOUR "EARLY BIRD" DISCOUNT! WE ARE CURRENTLY OFFERING CAYUGA FAMILIES & THEIR FRIENDS A HUGE DISCOUNT OFF NEXT SUMMER'S TUITION (& DON'T FORGET ABOUT OUR SIBLING DISCOUNT). OUR "EARLY BIRD" DISCOUNTED RATES EXPIRE AT THE END OF SEPTEMBER, SO DON'T DELAY - ENROLL TODAY! TO ENROLL FOR SUMMER 2024, COMPLETE THE ONLINE APPLICATION OR THE PAPER APPLICATION (ALSO AVAILABLE ON OUR WEBSITE). IF YOU HAVE ANY QUESTIONS ABOUT ENROLLMENT, DON'T HESITATE TO CONTACT US. WE HOPE TO SEE YOU IN '24! SCAN QR CODE TO ACCESS THE CAMPER APPLICATION.



CAYUGA OSCARS

FIRST & LAST 4-WEEK TROPHY CEREMONY

JUNIOR CAMPUS & TEEN CAMPUS

THE OSCARS CEREMONY AND BANQUET AWARDS IN JULY & AUGUST WAS AN EXCITING NIGHT FOR ALL OF US, ESPECIALLY THE CAMPERS & STAFF WHO WERE RECOGNIZED FOR THEIR OUTSTANDING ENTHUSIASM, SPIRIT & PERFORMANCE. CONGRATULATIONS TO THE FOLLOWING CAMPERS & STAFF WHO RECEIVED A TROPHY FOR THEIR ACCOMPLISHMENTS THIS SUMMER!

CAMPERS OF THE MONTH: LUKE WILLIAMS, NIKA MAHANIAH, AUGUSTIN ROY, AUBREY FENELI, MILES SCHEDLER, ALESSANDRA WEIZMANN, OLIVIA REYES, DEEGAN VENTURA, RIP KENNEDY, NUR SULEMAN, VALENTINA GILLIO, OLIVER MOLK, SARINA VERNOV, FRANKIE TRAINA, KALKIDAN MCGOWAN, HENDY KLEIN, SAM IZMAYLOV

COUNSELORS OF THE MONTH: TAYLOR CHRISTIE, CAITLIN, MACKEY, IZZY SWAYNE-SHAW, TEDDY JOHNSON, JAKE CAVANNAUGH, JEMMA EDMONDS, LAURA FARNAN, BARNABY MCDUGAL

COUNSELORS OF THE YEAR: ZACHARY SCARLETT, PAULA HEARNE

SENIOR STAFF OVER ACHIEVERS: CARLEEN RUMMER, MADDY BOYLE, EMMA NEALE

SENIOR STAFF OUTSTANDING PERFORMERS: LAUREN FOXHALL, BROOKE BALVA, SABU GOSIA, MEGAN GUNTER, KARIME CARDENAS

SUPPORT STAFF OVER ACHIEVERS/OUTSTANDING PERFORMERS: NAYELI ARANA, OSCAR CONTRERAS, ANAHI ASCENSION, MARIANA ARANA

ARCHERY: KOLLIER SMITH, WILLOW FEHLING, ELLA SIMMONS, NILS DESURMONT, MICHAEL O'CONNELL, AVIE DEAN, STARASIA GRUHN, SAM IZMAYLOV

ARTS & CRAFTS: AVI SANWAL, GIANNA BINSHTEYN, LIVIA REYES, JORDAN CAPLA-WASSERMAN, LOCKET-MAJOR PENTZ, MILANA BINSHTEYN, NOYA LICHTER, RON DIMANSSTEIN, IVY SIVAN, AALIAH PATEL

BADMINTON: LOUISE WYNNE

BASEBALL/SOFTBALL: ARCHER KIM, AUBREIGH GARNER, BEN MIDLAND, ANNABELLE BONIME, ETHAN LAMBERT

BASKETBALL: JACKSON BERG, MARLEY NEWMARK, CLAIRE SNIDER, JACE KAPLAN, TATE ZIMMERMAN, LAYLA LOWNDES, AVA PETROPOULOUS, JAMES DUBE

BOARD GAMES: STARASIA GRUHN, JULIET NOVAK, SYDNEY GARDNER

BUBBLE SOCCER: DANIEL TERENTYEV, ADRIANNA ANGELICA

CERAMICS/POTTERY: JESSE TRAINA, CHLOE NEWMAN, AARAV GUPTA, ALIA LIZA, ZACHARY DU BOULLAY, CAPUCINE ROY, AUBREY KOLLER, FERNANDA VIRGEN, NICK DELLICATO, ERICA REZNIK, HENDY KLEIN, HENRY FISHER

CHEERLEADING: STELLA SKOLNIK-WEIL, DANIELLA PETRILLO

CIRCUS ARTS: AUBREY FENELI, DANIELLA KHODORKOVSKYAY, SOPHIA PALADINO, ADITYA GOSIA, ANJALI GOSIA, MALIA BAUMANN, NINA SHADRIN

CLIMBING WALL: THOMAS HOUSE, LILA THOMAS, RIP KENNEDY, DEEGAN VENTURA, ISAAC MANN, SKYE SHAPIRO, TAMARA INBAR, TEIGHEN GEIGER

COOKING: LEXI SANCHEZ, VILHELM MARTINSON, HAILEY ARNELL, MICHAEL KAGANVICH

DANCE: AUBREY PORCELLIO, ANNA GROSSGOLD, NATE ANGELICA, ARABELLA HOLMGREN, KAYLEIGH WISHNER, JACKSON ELLIS

DODGEBALL: RYDER ALPEROWITZ, NORA KUGELMASS, GAVIN PALIWODZINSKI, AUDREY YOUNG, FEDERICO GONCALVES

EXTREME SPORT JUMPING: MILES SCHEDLER, IZZY ESPINOZA, CLARK ROGGIE, GIANNA BINSHTEYN, MAYA SHADRIN, KEIRAN VELLORE

EVENING ACTIVITY HELPER: LILY CARDOT, JACE KAPLAN, MICHAEL KAGANOVICH

FIELD HOCKEY: ALEX HOLMGREN, LILLIAN MINGIONE, SABRINA BOWEN

FENICNG: HANNA LIN

FLAG FOOTBALL: TANNER RUSSELL, THOMAS SIMON

FROZEN SPONGE: LUCY YAEGER, JONATHAN MILLS, HENDY KLEIN, ROBBY REVELEY

FLYING TRAPEZE: ABRAM SPERGER, LUCCA TODARO, SPENCER RICHARDSON, KATY HEITLINGER, LILY CARDOT, DEEGAN VENTURA, ZOE HARPER, OWEN NACHIME

GAGA: JACKSON MILLER, NIKA MAHANIAH, FRIDA LUCHETTE, ANTHONY DESERIO, LAURA SILVA, CECE CLEARWATERS, NICK HANSEN

GAMEROOM: FRANKLIN TRUONG, GWEN PACHTMAN, RUI GONG, MEGHAN SATTAN, ANYA NAGARAJAN

GOLF: KEVIN TADDONI, LIV ABRAMSON, ALMA BARRIONUEVO, ILAN AIDLAN, SEBASTIAN VILLASMIL, ISABELLA SHEMELEY, HANNAH DYJAK, ASHER HAWKINS

GYMNASTICS: CASSIE VADAKIN

HIKING: ETHAN ROSENTHAL, HANNAH WEISS, YERMOLAI SABUROV, CHLOE WONG, ROBBY REVELEY

HORSEBACK RIDING: JACKSON MATTE, ALLISON LEE, SAURA HERRANZ-JIMENEZ, ALEX COOK, DYLIN JACOBS, ELIANNA ANGELICA, MAYA WADE, SIERRA BARTOLOTTA

HORSE CARE/JUNIOR STABLE STAFF: ESTELLA RAPHAEL, OWEN FERGUSON, CORMAC ANDERSON-HART, MIA BYRD, BRIDGET SEGAL, ALEX JOHNSON, SHAYNA MORSE, JAMES PETERSON, HADDIE HARPSTER

IMPROV: IRENE GUTIEREZ, MARLEE EATON

INTERCAMP GAMES: BOSTON HODGE, BRYN ROBINSON

JOGGING: BEREND VAN ROIJEN, GABRIELLA JAMES, AVIVA KHUSID, DOMINIK JANTZEN, ELI BURNHAM, SABINE BARLIS, MORGAN RADLEY

LACROSSE: LILA BUTTERWORTH, MARCUS MCILWAIN

KICKBALL: RAPHAEL DU BOULLAY, MAYA SPINOZZI, LOAGN MASH, SYLVIA MASH

LAKE BOATING/SAILING: DEAN SEMANCUK, NATALIE KATZ, JACOB GUL, MAYA VASQUEZ, JOEY CAROTO

LAKE FISHING: BRADLEY LIU, LEYLI MAHANIAH, LOGAN HERZOG, KATE ASHTON

LAKE SWIMMING: ULYSSE MIQUEL, ARIANNA KADY, NUR SULEMAN, AYLA REDDING, SAMANTHA CAPPUCCIO

MMA: ELLE MONNINGER, MAX MILLER

MOUNTAIN BIKING: JAKE BISCHOFF, SONIA DARNELL, JACOB KOENIG, NATHANIEL WEGER, ABBY GERBER, TAYLOR LIAO, DEVIN JACOBS

PAINTBALL: MAX DIAZ, CLAIRE GRUSKO, ALEXIS CANONI, RYAN SCOTTE, JASON TUSHA, ABBY GERBER

PETTING ZOO: RYAN WAX, AMANDA SELEMAN, WILL MCALISTER, VICTORIA WOODS

PICKLEBALL: OSCAR GUNDERSON, AVA BERG, ANDREW PURCELL, DYLAN PATEL, AVERY MCCORMICK, VIOLET MOLK, THEO BARON

PHOTOGRAPHY: FIONA GALLAGHER, MARTIN DAVIN-GEORGES, CARLY GOLUB, MILEN GIRVIN

POOL INSTRUCTIONAL/RECREATIONAL SWIM: JACK RUMMER, JANE GOTTESMAN, GIOVANNI MURRAY-JOSEPH, ZOE NIGUIDULA, FRANKIE TRAINA, ESTELLE RODRIQUEZ, CHLOE THOMPSON, SAM IZMAYLOV, JULIAN ROSSITER, ANNETTE MORROW, TENNY MORALLER, YUGO SAKO

QUADS: BLAKE MARANGON, ABIGAIL SCHMITT, ISEE DESURMONT, HARPER CONWAY, DYLAN HAMIL, ABIGAIL FERNSTROM, CLARA CARVALHO, AARON VESSELIZA

RADIO: JULIET ANTHONY, LOGAN MARANGON, BELLA BORDES

RIFLERY: JACK KELSH, MAIA HURE, JULIET ANTHONY, ELLA PROVISERO, PEIRCE THOMPSON, MATTHEW DYJAK, ZOE WADE, ROBERT WEGER

SKATEPARK: GRAYSON LYN, MAREN HAMIL, MAYA TSIMPEDES, VINCENT WOODS, JULIAN FECHNER, LAYLA ABBOTT, ZOE MANNINO

SOCCER: MATHIAS DU BOULLAY, CAROLINE LABOV, GIANNA TODARO, VICTOR DE MARTEL, RHYS JAMES, MAGGIE ASHTON, CHLOE NANSCAWEN, RAINEN BARLIS

SURVIVAL CLINIC: MICHAEL STIANCHI, LARA BRANCO, SCARLETT MILLER, DOMINIK JANTZEN, BRANDON GOTTESMAN, CARLY DOUGHERTY, CLARA CARVALHO

TENNIS: AVA BRINGLE, BILL MCCARTHY, MAX HARTMANN, ALESSANDRA WEIZMANN, CONSTANCE-COUESPEL DU MESNIL, RAYCE VOLPI, JESSE TRAINA, ADELE REZNIK

TIE-DYE: ROMAN COSTANZO, SABRINA BOIVIN, BEN BORACK, SIENNA REESE

TRIPS: FRANKIE TRAINA, KALKIDAN MCGOWAN

VOLLEYBALL: BRAYDEN HARPSTER, LUCIA LIMA, VERONICA ALIAGA, JAKOBI BROWN, EITAN HOUDART-DAIANY, ZOE BURNHAM, CARLY HOCKMEYER, ZIMELE BUCKNER

WEIGHTROOM: EMMA WEINGARTEN, JONATHAN MILLS, BIA COVRE, JONAH WISHNER

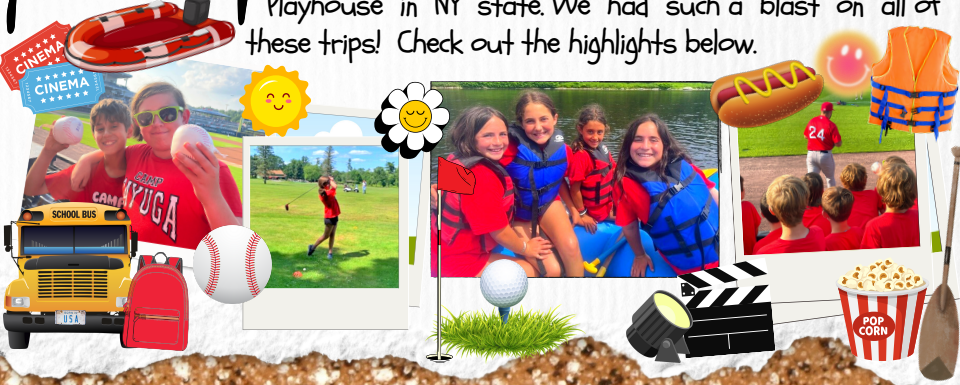
YOGA: FINNLY MCCLLOUD, CECILIA CRAWFORD, MATTHEW STEPHENS, IAN O'CONNELL, AMELIA BARRETT, LEILA SCHUK, JACE KAPLAN

ZIPLINE: ADITYA GOSIA, GRETA GICK, ELLIE MAEDA, JULIEN SPAHR, PAIGE PRANKE, ANI WHITESSELL, ASHER MANNING

ZUMBA: JACOB PACK, LAYLA ABBOTT, ARJUN GOSIA, ANNEKE CLEARWATERS

Summer Trips '23 Recap

This summer, our Cayuga campers had the opportunity to attend over 25 trips. We hit the Scranton Wilkes-Barre Baseball Stadium for a bunch of awesome games, golfed 4-holes at the local Cricket Hill Golf Course in Honesdale, rafted down the Delaware River with Lander's River Trips in Narrowsburg, NY, and checked out 2 different plays at the Forestburgh Playhouse in NY state. We had such a blast on all of these trips! Check out the highlights below.



SPREAD THE WORD

We appreciate your assistance in spreading the word about Cayuga's summer program. Stats reveal that almost 80% of our new campers are referred by current Cayuga families & alumni. Our most powerful marketing tool is word of mouth! Your referral is very much appreciated.

SURVIVAL CLINIC

A BIG CONGRATS GOES OUT TO ALL THE '23 SURVIVAL CLINIC CAMPERS - YOU MADE IT!

THE SURVIVAL CLINIC IS AN INTENSE TACTICAL OVERNIGHT COURSE. INSTRUCTORS TAUGHT OUR CAMPERS HOW TO BUILD A SAFE SHELTER USING NATURAL MATERIALS; LOCATE WATER IN THE WILDERNESS AND LEARN HOW TO PURIFY WATER; START A FIRE WITHOUT USING MATCHES; IDENTIFY WILD-EDIBLE PLANTS; READ A COMPASS; TELL THE TIME OF THE DAY WITHOUT USING A WATCH OR CLOCK; AND TREAT MINOR CUTS & BRUISES USING BASIC FIRST-AID TECHNIQUES. THIS SUMMER, WE HOSTED A TOTAL OF 12 SURVIVAL CLINICS (4 FOR FEMALE CAMPERS & 8 FOR MALE CAMPERS). CAMPERS, IF YOU'RE INTERESTED IN SIGNING-UP FOR THIS CLINIC NEXT SUMMER - DO NOT DELAY! TO SIGN-UP, LOG ONTO YOUR CAMPER DASHBOARD, GO TO 'FORMS + DOCUMENTS' AND CLICK 'ADDITIONAL OPTIONS'. WE'LL SEE YOU THERE!



INTERCAMP & INTERMURAL TOURNAYS GO CAYUGA, GO TEAM GO!

The daily activity program is noncompetitive in nature, but healthy competition finds its way into the program through Cayuga's Intercamp & Intermural Tournament Program. It provides all campers the opportunity to compete in their favorite sports with other Cayuga campers & campers from nearby camps. Each summer, we schedule about 100 tournaments. They're a great way to add a little 'Cayuga Spirit' to your summer and widen your travels too! This past summer, we competed in soccer, basketball, tennis, paintball, archery, volleyball, riflery, and gaga tourneys (& even a few more). Shoutout to the 7th grade girls basketball team who made it to the Semi Finals in the Wayne County Intercamp Tournament. Way to go, girls!

JUST AS WE SUSPECTED... PICKLEBALL = MAJOR HIT!

In the Winter of 2022, we knew we had to add pickleball to our roster of activities & we're thrilled we did! Pickleball was super popular this past summer. Some campers who played were pickleball fanatics' @ home and others tried the sport for the very first time at camp. Campers of all ages enjoyed the game and were psyched to learn it was added to their activity program. We'll be sure to add pickleball to our Intercamp & Intermural league next summer. FUN FACT: Pickleball is considered to be one of the fastest growing sports in the USA!



A MESSAGE FROM YOUR CAMP DIRECTOR

"CAMP IS ALL ABOUT LEARNING MORE ABOUT YOURSELF. AT CAMP, YOU'LL FACE NEW FEARS, TRY NEW THINGS, PUSH YOUR BOUNDARIES, AND LEARN TO ACCEPT YOURSELF FOR WHO YOU ARE. IT'S ALL ABOUT THE JOURNEY & THE ADVENTURE AT CAMP". - BB 😊

NEWSLETTER CONTEST COMPLETE BB'S THOUGHT OF THE DAY



IF YOU TELL THE TRUTH, YOU DON'T HAVE TO _____ ANYTHING.

YOU'LL NEVER MAKE YOUR _____ COME TRUE BY OVERSLEEPING.

ANYONE WHO HAS NEVER MADE A MISTAKE HAS NEVER _____ ANYTHING NEW.

HE WHO PUTTERS AROUND, WINDS UP IN THE _____.

COMPLETE ALL FILL-INS. EMAIL US YOUR ANSWERS BY 9/20. WINNERS WILL BE SELECTED & NOTIFIED VIA EMAIL ON 9/22.

WINNER WILL RECEIVE CAMP CAYUGA MERCH!

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 INSTAGRAM: CAMPCAYUGA_OFFICIAL

