

TOP CAMP TIPS

FOR YOUR FIRST SUMMER AWAY FROM HOME:

Bring a loved item from home (stuffed animal, blanket, photo of pet, etc.).

Have a bunch of sleepovers.

Pack clothing for all kinds of weather (don't forget to label each item).

If you're a youngster, bring pre-addressed & pre-stamped envelopes for your letters home.

Join the Pen Pal Club & speak with veteran Cayuga campers (they have a ton of valuable info to share).

Don't worry campers, you're going to have the greatest summer ever!



CAMPFACTS 101

Sleepaway camp is so valuable to our youth! It has always been instrumental in the development of social skills, which helps children succeed later in life as adults. Nowadays, a child's experience at camp is more valuable than ever, especially when you consider the average child spends 55 hours a week on social media. Cayuga prides itself on educating children through face-to-face interaction all day and night, an experience much different from texting & tik-toking! A big THANK YOU to our Cayuga parents for recognizing the value we provide in teaching kids how to socially interact and make friends. Not only do our campers develop lifelong friendships, they return home more confident & independent!

ATTN: SPORTS FANATICS

INTERCAMP GAMES & CAYUGA INTRAMURALS ARE BACK!
THE DAILY ACTIVITY PROGRAM IS NONCOMPETITIVE IN NATURE & PHILOSOPHY, BUT HEALTHY COMPETITION FINDS ITS WAY INTO THE PROGRAM ON A VOLUNTARY BASIS THROUGH CAYUGA'S INTERCAMP TOURNAMENT & INTRAMURAL PROGRAM. IT PROVIDES CAMPERS THE OPPORTUNITY TO COMPETE IN THEIR FAVORITE SPORTS. ALL CAMPERS ARE ELIGIBLE TO SIGN-UP. EACH SUMMER WE SCHEDULE ABOUT 75 TOURNAMENTS. THEY'RE A GREAT WAY TO ADD A LITTLE CAYUGA SPIRIT TO YOUR SUMMER AND WIDEN YOUR TRAVELS TOO! INTERCAMP TOURNAMENTS & INTRAMURALS HAVE ALREADY BEEN SCHEDULED FOR SOCCER, FLAG FOOTBALL, BASKETBALL, TENNIS, PAINTBALL, ARCHERY, VOLLEYBALL, GAGA, AND KICKBALL, TO NAME A FEW.

SUMMER VIBES ONLY

HEY CAMPERS, WE NEED YOUR ADVICE! BUST OUT THOSE HEADPHONES OR TURN UP THE SPEAKERS BECAUSE ITS FINALLY TIME TO CREATE OUR SUMMER PLAYLIST. EVERY SUMMER, WE CREATE A HUGE PLAYLIST WITH ALL OF OUR FAVE SONGS. OF COURSE, WE'LL INCLUDE ALL OF THE CAMP CLASSICS - ISTANBUL, WOBBLE, SWEET CAROLINE, COUNTRY ROADS & MORE: BUT - WE STILL NEED HELP FROM OUR DJ EXPERTS (YOU!) IF YOU HAVE ANY SONG RECS, SEND THEM OUR WAY!



We have some pretty cool news to share with you. This summer we have campers and staff traveling from around the world, including 34 states & 22 countries. One of the best things about camp is making friends from all different walks of life! Check-out all of the flags above (where all of our

Cayugans are traveling from). Try to guess all the flags for a chance to win Camp Cayuga merch. Email us your answers by May 13th. Winners will be notified via email on May 14th.



HONESDALE, PA, 18431 41.6659° N, 75.2767° W

MEETOURRETURNING STAFF:



Steve Beals **Teen Campus Director**



Tracie Romansky **Administrator**









































































CAMP CATIGAS FINESTS



































































These two pages are dedicated to highlighting Camp Cayuga's strongest asset: OUR STAFF! Our staff is the heartbeat of camp, the driving force behind every smile, every adventure and every memory. Your passion, dedication, and unwavering commitment to our campers & camp community is what makes Cayuga truly exceptional. Here's to another incredible summer ahead! 💐

STAFF SPOTLIGHT

WELCOME ABOARD, KATIE! KATIE HAS RECENTLY JOINED CAYUGA'S FULL-TIME STAFF TEAM. KATIE'S FIRST SUMMER AT CAYUGA WAS IN 1993 (BACK WHEN SHE WAS 6 MONTHS OLD). SHE HAS HAD THE PRIVILEGE OF ENJOYING CAMP AS BOTH A CAMPER &



STAFF MEMBER FOR MANY YEARS. KATIE HAS WORN MANY HATS OVER THE YEARS - FROM CABIN COUNSELOR AND HORSEBACK INSTRUCTOR TO THE ELECTIVE PROGRAM DIRECTOR. THIS SUMMER, KATIE RETURNS TO ASSIST WITH ADMINISTRATIVE DUTIES AND OVERSEE CAYUGA'S HEALTHCARE. WE'RE THRILLED TO HAVE HER BACK! KATIE'S DEDICATION & PASSION FOR CAYUGA SHINES THROUGH IN ALL THAT SHE DOES. HER WEALTH OF EXPERIENCE AND KNOWLEDGE MAKES HER A VALUABLE ASSET TO OUR TEAM. AS SHE TAKES ON HER NEW ROLES, WE ARE CONFIDENT THAT HER WARMTH, ENTHUSIASM AND EXPERTISE WILL ENSURE A SAFE AND MEMORABLE EXPERIENCE. WELCOME BACK, KATIE!



DON'T GET CLOSED OUT!

We're proud to report it's been another outstanding year for camper recruitment. We are approaching full-capacity in our 2-week & 4-week sessions for certain age groups. So, please don't delay and sign-up today! For session dates & rates, see the enclosed enrollment application or go to our website. Questions? Contact us!

OPEN HOUSE RECAP

At the end of April, the Cayuga team hosted an Open House at Cayuga's Headquarters in Honesdale, PA. It was a major success & a ton of fun. All prospective Cayuga families were invited to join us on this special day and over 300 campers/parents attended. Our full-time crew & some seasonal staff were busy all day giving tours, answering all sorts of questions, and meeting new Cayuga campers. It was an awesome day! A big THANK YOU goes out to all families who made the journey to camp. We appreciate you taking the time to meet with us & we can't wait to see your camper again this summer! Let the countdown to camp officially commence.

BACK @ CAMP & IT FELT SO GOOD!

Reminder: If you were unable to make it to Open House, but still want to check-out camp, reach out to our NJ Business Office & we will happily schedule you & your family a private tour.

SURVIVAL CLINIC

CALLING ALL THRILL SEEKING CAMPERS

THE SURVIVAL CLINIC IS AN INTENSE TACTICAL OVERNIGHT COURSE. INSTRUCTORS WILL TEACH CAMPERS HOW TO BUILD A SAFE SHELTER USING NATURAL MATERIALS; LOCATE WATER IN THE WILDERNESS AND LEARN HOW TO PURIFY WATER; START A FIRE WITHOUT USING MATCHES; IDENTIFY WILD-EDIBLE PLANTS; READ A COMPASS; TELL THE TIME OF THE DAY WITHOUT USING A WATCH OR CLOCK; AND TREAT MINOR CUTS & BRUISES USING BASIC FIRST-AID TECHNIQUES. WE HAVE 3 SURVIVAL CLINICS (1 FOR FEMALE CAMPERS & 2 FOR MALE CAMPERS) EVERY 2 WEEKS. CAMPERS, IF YOU'RE INTERESTED IN PRE-REGISTERING FOR THIS CLINIC, LOG ONTO YOUR CAMPER DASHBOARD, GO TO 'FORMS + DOCUMENTS' & CLICK 'ADDITIONAL OPTIONS'. YOU CAN ALSO REGISTER FOR THE SURVIVAL CLINIC AT ELECTIVE SIGN-UPS DURING CAMP.

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